

A GUIDE FOR ANYONE FED BY TUBE

Have a look around before you sign up

YourTubie Passport is a place to keep everything about your feeding in one spot. Your feed, your line or tube, your bloods, your stock, and the card you hand over if you end up in hospital.

There is a practice version you can go into right now. It is already filled in with a made-up person's records, so you can press every button, change anything you like, and see how it all works before deciding whether it is for you.

Nothing you do in the practice version matters

It is not the real site. The records in it belong to nobody. You cannot break it, you cannot see anyone's real information, and nobody sees what you type. Have a proper poke around.

Written by someone who is fed this way too. July 2026.

Getting in

The practice site

`yourtubie-passport-dev.trymysite.co.uk`

Sign in with

`demo@yourtubiepassport.uk`

`ClinicDemo2026`

Type these exactly as they are written. It works on a phone, a tablet or a computer.

You will see an orange stripe across the top

That stripe is there to remind you that you are in the practice version and not the real thing. If you ever sign up properly, your own site will not have it.

If you would rather listen than read

On the practice site there is a small dark bar at the bottom of the screen with a **Listen** button. Press it and the page is read out loud to you, a bit at a time, with the part being read highlighted so you can follow along.

- **Listen** starts it, and turns into **Pause**.
- ◀ and ▶ jump back or forward a section.
- ■ stops it.
- The dropdown changes the speed: slow, normal or faster.

It uses your own phone or computer to do the talking, so nothing is sent anywhere and it costs nothing.

What to try, in order

You do not have to do these in order, but this is roughly how someone would set themselves up.

1 The Dashboard

This is what you land on. It shows whether a feed is running right now, your latest weight, temperature and bloods, and a short list of things worth knowing, like a line change being due. The buttons along the bottom are the things people do most often.

2 My Passport

Under **My Care**. This is the important one. Your name, date of birth, NHS number, what you are fed with, which line or tube you have and which side it is on, allergies, and who to ring. Everything else in the app leans on this.

3 The A&E card

Under **Hospital Tools**, or the red button on the Dashboard. This is the one to look at properly. It is a single screen you can hand to a nurse or paramedic who has never met you, with a big warning at the top telling them not to use your line if you have a temperature. It prints onto one sheet of paper.

4 Feed Setup, then the Feed Companion

Feed Setup is where your feed, pump, rate, hours and bag size go in, along with the calories and protein in a bag if you know them. **Feed Companion** is what you use each night. It counts the feed down while it runs, and records what actually went in if you have to stop early.

5 Food Diary

Under **My Care**. If you manage anything at all by mouth, this is where it goes: what you had, how much you actually managed, and how you felt afterwards. The calories and protein are optional. You can skip them entirely on a rough day. After you have logged the same thing a few times it starts showing you what you tolerate and what you do not.

6 Line & Tube Care

When your line went in, how often the dressing changes, and what the site looked like each time. It tells you when a change is due. There is a separate log for line locks, and one for anything that has gone wrong, including which bug was grown if you have had an infection.

7 Stock Manager

Your caps, swabs, syringes, dressings and gloves. It counts them down automatically as you connect and disconnect, and tells you when you are getting low. There is a page that writes your order out for you to send to your homecare company.

8 My Stats and Weight

Under **My Records**. Weight, temperature, fluids, and blood results. Every blood marker has a little **i** next to it that explains in plain words what it is and why your team looks at it.

9 Community

Other people in the same boat. It is moderated, and you choose whether your profile is visible to everyone or only to people you have accepted.

Where everything lives

IF YOU WANT TO...	LOOK UNDER
Start or track tonight's feed	My Records → Feed Companion
Write down what you ate or drank	My Care → Food Diary
Record your weight or bloods	My Records → My Stats
Log line care or a dressing change	My Care → Line & Tube Care
Check what stock you have left	My Records → Stock Manager
Show someone your details in a hurry	Hospital Tools → Emergency Card
Prepare for an appointment	Hospital Tools → SBAR Handover
Keep a clinic letter	My Care → Documents

Some honest things worth saying

- **It does not give medical advice.** It will not tell you a result is bad or that you should change anything. It is somewhere to keep your information, nothing more.
- **Nobody is watching it.** If you write something down that worries you, still ring your team. In an emergency, ring 999.
- **It is not run by the NHS,** or by any feed or pump company. It was built by one person who is fed this way, because nothing like it existed.
- **Signing up is by invitation.** You cannot just create an account. That is deliberate, to keep the community small and safe.

If you decide you want it

Have a look around the practice site first, for as long as you like. If you want an account of your own afterwards, ask for an invitation and you will be sent a one-off link to set your own password.

And if it is not for you, that is genuinely fine. It was built to solve one person's problem, and it will not suit everybody.

YourTubie Passport is a personal health management tool. It does not provide medical advice; always follow the guidance of your clinical nutrition team, and call 999 in an emergency. It is an independent resource, not affiliated with, endorsed by, or connected to the NHS, any medical manufacturer, pharmaceutical company or home care provider.